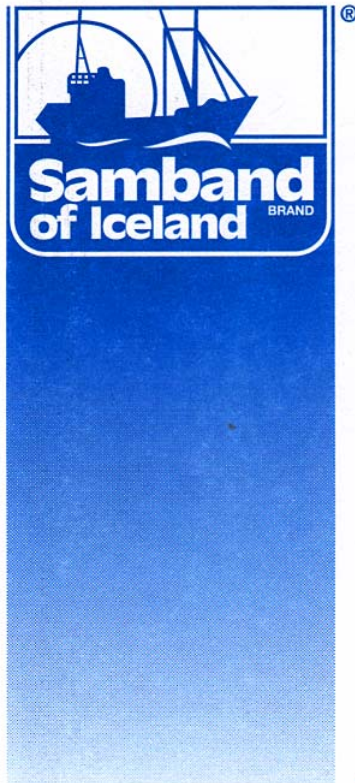


EG Forrest

FOOD SERVICE DISTRIBUTORS



KEEP FROZEN



INGREDIENTS:

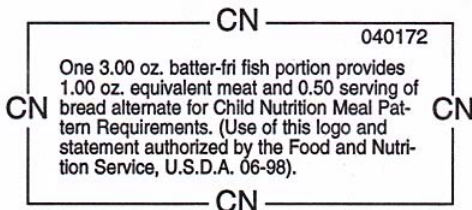
52% Batter: water, enriched wheat flour (flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), enriched bleached wheat flour (flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), modified food starch, yellow corn flour, salt, sodium acid pyrophosphate, soybean oil, disodium inosinate, sodium bicarbonate, natural and artificial flavor, lactic acid, autolyzed yeast extract, gelatin, propylene glycol, smoke flavor, ethyl alcohol, oleoresin turmeric, tocopherols. 48% Fish. Fried in soybean oil.

COOKING INSTRUCTIONS:

DEEP FRY from frozen state at 360°F for 4-6 minutes.



EST NO. 045



One 3.00 oz. batter-fri fish portion provides 1.00 oz. equivalent meat and 0.50 serving of bread alternate for Child Nutrition Meal Pattern Requirements. (Use of this logo and statement authorized by the Food and Nutrition Service, U.S.D.A. 06-98).

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22248

3 oz.
**Batter-Fri
FISH PORTIONS**
Cod Wedges



00079149222482

NET WT. 10 LBS. (4.54 Kg)

Packed by Iceland Seafood Corporation, Newport News, VA 23603

EG FORREST #
801888