EG Forrest
FOOD SERVICE DISTRIBUTORS

FERNANDO'S

16272 **10112**

# RED BURRITO

## Beef, Beans & Vegetable Protein Product Wrapped In a Flour Tortilla

## (Caramel Color Added)

PREFRIED

INGREDIENTS: TORTILLA [ENRICHED BLEACHED FLOUR (WHEAT FLOUR*, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, VEGETABLE OIL (SOYBEAN AND/OR CORN), CORN FLOUR (STONEGROUND CORN MASA FLOUR, TRACE OF LIME), SALT, WHEAT GLUTEN*, GUAR GUM, L-CYSTEINE], WATER, GROUND BEEF (NOT TO EXCEED 25% FAT), PINTO BEANS, TEXTURED VEGETABLE PROTEIN PRODUCT [SOY FLOUR, CARAMEL COLOR, ZINC OXIDE, NIACINAMIDE, FERROUS SULFATE, COPPER GLUCONATE, VITAMIN A PALMITATE, CALCIUM PANTOTHENATE, THIAMINE MONONITRATE (B1), PYRIDOXINE HYDROCHLORIDE (B6), RIBOFLAVIN (B2), CYANOCOBALAMIN (B12)], RED BELL PEPPER [RED BELL PEPPERS, CITRIC ACID, CALCIUM CHLORIDE, WATER, SALT], FLAVORINGS AND COLORING, SALT, CHILI POWDER [CHILI PEPPER, SALT, CUMIN, OREGANO, PAPRIKA], CARAMEL COLOR, SODIUM ALGINATE, FRIED IN PARTIALLY HYDROGENATED VEGETABLE OIL.

CONTAINS: SOY, *WHEAT

CN 847225
EACH 4 OZ BURRITO PROVIDES 1 OZ EQUIVALENT MEAT/MEAT ALTER
CN NATE AND 2 SERVINGS OF BREAD ALTERNATE FOR CHILD NUTRITION CN
MEAL PATTERN REQUIREMENTS. [USE OF THIS LOGO AND STATEMENT
AUTHORIZED BY THE FOOD AND NUTRITION SERVICE, USDA 01-02].
CN

**NET WT. 18 LBS.** **72 CT/4 OZ.**

ConAgra Foods
P.O. BOX 4188, Compton, CA 90221

**KEEP FROZEN**

| HEATING INSTRUCTIONS | FRIED | MICRO | OVEN 350 F | CONVEC. 300 F |
|---|---|---|---|---|
| FROZEN | *NR MIN. | 2 MIN. | 30 MIN. | 25 MIN |
| THAWED | 4 MIN. | 1 MIN. | 20 MIN. | 15 MIN. |

## Nutrition Facts

Serving Size 1 Burrito (110 g)
Servings Per Container 72

Amount Per Serving
Calories 280 Calories From Fat 110

| | % Daily Value* |
|---|---|
| Total Fat 12 g | 18 % |
| Saturated Fat 3 g | 15 % |
| Cholesterol 30 mg | 8 % |
| Sodium 640 mg | 26 % |
| Total Carbohydrate 33 g | 11 % |
| Dietary Fiber 3 g | 10 % |
| Sugars 3 g | |
| Protein 10 g | |

Vitamin A 10 % • Vitamin C 4 %
Calcium 4 % • Iron 15 %

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

| | Calories: | 2,000 | 2,500 |
|---|---|---|---|
| Total Fat | Less than | 65 g | 80 g |
| Sat Fat | Less than | 20 g | 25 g |
| Cholesterol | Less than | 300 mg | 300 mg |
| Sodium | Less than | 2,400 mg | 2,400 mg |
| Total Carbohydrate | | 300 g | 375 g |
| Dietary Fiber | | 25 g | 30 g |

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

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