

EG Forrest

FOOD SERVICE DISTRIBUTORS

QUICK FROZEN
KEEP FROZEN



EST. #004



2552948

Sea Nuggets®

Oven Style Breaded Fish
Customized Fillet Cuts

CN 062211
FOUR 1 OZ. FRIED CRUNCHY FISH NUGGETS PROVIDE 2.00 OZ. EQUIVALENT MEAT AND 1.50 SERVINGS OF BREAD ALTERNATE FOR CHILD NUTRITION MEAL PATTERN REQUIREMENTS. (USE OF THIS LOGO AND STATEMENT AUTHORIZED BY THE FOOD AND NUTRITION SERVICE, USDA 10/04).
CN

NET WT. 10 LB (4.53 Kg)

COOKING INSTRUCTIONS: COOK FROZEN.
CONVENTIONAL OVEN: BAKE AT 400° F 15-20 MINUTES.
CONVECTION OVEN: PREHEAT OVEN TO 325°F AND BAKE ON A COOKING SHEET FOR 10-12 MINUTES. TURN ONCE DURING BAKING TIME.

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INGREDIENTS: 65% ALASKA POLLOCK; SODIUM TRIPOLYPHOSPHATE (TO RETAIN MOISTURE); 18% BREADING: ENRICHED WHEAT FLOUR (FLOUR, NIACIN, FERROUS SULFATE, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), SALT, YEAST, SUGAR, PARTIALLY HYDROGENATED SOYBEAN OIL, NATURAL FLAVOR; 17% BATTER: WATER, ENRICHED WHEAT FLOUR (FLOUR, NIACIN, FERROUS SULFATE, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), MODIFIED CORN STARCH, SUGAR, SALT, LEAVENING (SODIUM BICARBONATE, SODIUM ALUMINUM PHOSPHATE), SOY FLOUR, DEXTROSE. FRIED IN COTTONSEED OIL AND/OR CANOLA OIL AND/OR PARTIALLY HYDROGENATED SOYBEAN OIL.

ALLERGY WARNING: CONTAINS: FISH, WHEAT, AND SOYBEAN.

DISTRIBUTED BY: OCEAN CUISINE INTERNATIONAL, DANVERS, MA 01923
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