

EG Forrest

FOOD SERVICE DISTRIBUTORS



**PIERCE
CHICKEN**

We make
Chicken easy.[™]

Fully Cooked

49220

Chicken Breast Nuggets

Breaded Nugget Shaped Chicken Patties with Rib Meat

INGREDIENTS: Chicken Breast with Rib Meat, Water, Dried Whole Egg, Salt, Sodium Phosphates. **BREADED AND PREDUSTED WITH:** Enriched Wheat Flour (Enriched with Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Salt, Dried Whey, Dextrose, Spice, Partially Hydrogenated Soybean and/or Cottonseed Oil, Paprika and Turmeric Extracts. **BATTERED WITH:** Water, Enriched Wheat Flour (Enriched with Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Spices, Salt, Leavening (Sodium Bicarbonate, Sodium Aluminum Phosphate). Breading Set in Vegetable Oil.

CONTAINS: EGG, MILK AND WHEAT

HEATING INSTRUCTIONS: From Frozen: Heat in Convection Oven for 8-9 minutes at 350°F, or a Conventional Oven for 12-14 minutes at 400°F, or fryer for 3-3½ minutes at 350°F. Appliances vary, adjust cook times accordingly.



Distributed By: Pilgrim's Pride
P.O. Box 93, Patsburg, TX 75666 800-321-1470
www.pilgrimspride.com or www.poultry.com
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Five 0.658 oz. Breaded Fully Cooked Chicken Breast Nuggets (3.295 oz. Total) provide 2.00 oz. equivalent meat/meat alternate and 0.75 serving bread alternate for Child Nutrition Meal Pattern Requirements. (Use of this logo and statement authorized by the Food and Nutrition Service, USDA 07-06)

Nutrition Facts

Serving Size 5 Pieces (94g)	
Servings Per Container About 50	
Amount Per Serving	
Calories 200	Calories from Fat 100
% Daily Value*	
Total Fat 11g	17%
Saturated Fat 2g	11%
Trans Fat 0g	
Cholesterol 95mg	31%
Sodium 350mg	15%
Total Carbohydrate 11g	4%
Dietary Fiber 0g	0%
Sugars 0g	
Protein 18g	
Vitamin A 0%	Vitamin C 0%
Calcium 0%	Iron 8%
*Percent Daily Values are based on a 2,000 calorie diet.	



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