

**CN 14-16**  
**4=2.00 oz M/NA**

**COUNTRY FRIED BREADED BEEF PATTIES**  
**(STICK SHAPED)**

**INGREDIENTS:** GROUND BEEF (NOT MORE THAN 30% FAT), WATER, VEGETABLE PROTEIN PRODUCT, [SOY PROTEIN CONCENTRATE, ZINC OXIDE, NIACINAMIDE, FERROUS SULFATE, COPPER GLUCONATE, VITAMIN A PALMITATE, CALCIUM PANTOTHENATE, THIAMINE MONONITRATE (B1), PYRIDOXINE HYDROCHLORIDE (B6), RIBOFLAVIN (B2), CYANOCOBALAMIN (B12)], SEASONING [SOY SAUCE (FERMENTED SOYBEANS, SALT), SUGAR, DEXTRIN, SALT, SPICES, GARLIC POWDER, ONION POWDER, SOYBEAN OIL, DISODIUM INOSINATE AND DISODIUM GUANYLATE, NATURAL FLAVORS, EXTRACTIVE OF PAPRIKA], DEHYDRATED ONIONS, SALT, SODIUM PHOSPHATE, BREADING [ENRICHED BLEACHED WHEAT FLOUR (ENRICHED WITH NIACIN, FERROUS SULFATE, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), DEXTROSE, SALT, SUGAR, YELLOW CORN FLOUR, PARTIALLY HYDROGENATED SOYBEAN OIL, SPICES, YEAST, DRIED YEAST, OLEORESIN PAPRIKA], BATTER [WATER, ENRICHED WHEAT FLOUR (ENRICHED WITH NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), MODIFIED FOOD STARCH, WHEAT FLOUR, SALT, BUTTERMILK BLEND (BUTTERMILK, WHEY), LEAVENING (SODIUM ACID PYROPHOSPHATE, SODIUM BICARBONATE, CORN STARCH, MONOCALCIUM

**160**  
**PORTIONS**  
**.97oz EA**

CN 050739 CN  
 FOUR 0.97 OZ FULLY COOKED BREADED BEEF PATTIE PROVIDES 2.00 OZ. EQUIVALENT MEAT/MEAT ALTERNATE AND 1 ¼ SERVINGS OF BREAD ALTERNATE FOR CHILD NUTRITION MEAL PATTERN REQUIREMENTS. (USE OF THIS LOGO AND STATEMENT AUTHORIZED BY THE FOOD AND NUTRITION SERVICE, USDA 04-01). CN

**CHILD NUTRITION PROGRAMS**

**CN LABEL AND RDA CONTRIBUTIONS**

**COUNTRY FRIED BREADED BEEF PATTIES**



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**BID SPECIFICATIONS**

FULLY COOKED. CN LABEL REQUIRED. MINIMUM FOUR 0.97 OZ. PATTIES TO PROVIDE 2.00 OZ MEAT/MEAT ALTERNATE AND 1 ¼ SERVING OF BREAD. INGREDIENTS: GROUND BEEF (NOT TO EXCEED 30% FAT), WATER, VEGETABLE PROTEIN PRODUCT, SPICES AND SEASONINGS. NO DRIED WHOLE EGGS OR MSG ALLOWED. SAMPLE REQUIRED TWO WEEKS PRIOR TO BID OPENING. BID ADVANCE FOOD COMPANY CN 14-16 OR PRE-APPROVED EQUALS ONLY.

**PREPARATION**

(FROM FROZEN STATE) PREHEAT CONVENTIONAL OVEN AT 350°F. PLACE ON SHEET PAN IN OVEN FOR 15-18 MINUTES, MICROWAVE ON HIGH FOR 1-2 MINUTES, GRILL AT 350°F FOR 3-4 MINUTES PER SIDE OR PLACE IN CONVECTION OVEN AT 350°F FOR 8-10 MINUTES. COOK TO AN INTERNAL TEMPERATURE OF 165°F.

**COMPOSITION**

MEAT VARIETIES USED: BONELESS SKELETAL BEEF 70% LEAN  
 TOTAL WEIGHT OF UNCOOKED PRODUCT.....0.74 oz  
 WEIGHT OF GROUND BEEF.....0.50 oz  
 PERCENT FAT OF GROUND BEEF..... Not More than 30 %  
 WEIGHT OF VEGETABLE PROTEIN PRODUCT.....0.06 oz  
 MINIMUM PROTEIN CONTENT OF DRY VPP.....70 %  
 WEIGHT OF WATER.....0.16 oz  
 WEIGHT OF OTHER INGREDIENTS.....0.02 oz  
 TOTAL WEIGHT OF FULLY COOKED PRODUCT.....0.97 oz  
 PROCESSING PROCEDURE: THE 0.74 oz RAW BEEF PATTIES ARE BATTERED, BREADED AND FULLY COOKED TO A WEIGHT OF 0.97 oz. THE PATTIES ARE CRYOGENICALLY FROZEN AND PACKED IN A STURDY CORRUGATED BOX.

**NUTRIENT ANALYSIS**

Per Serving

CALORIES	334.60
CALORIES FROM FAT	197.81
TOTAL FAT	21.98g
SATURATED FAT	7.87g
TRANS FAT	0.00g*
CHOLESTEROL	44.06mg
SODIUM	623.69mg
CARBOHYDRATES	19.75g
DIETARY FIBER	1.93g
SUGAR	1.72g
PROTEIN	14.81g
VITAMIN A	127.25 IU
VITAMIN C	0.26mg
CALCIUM	34.04mg
IRON	2.94mg
THIAMIN	0.35mg
RIBOFLAVIN	0.22mg
NIACIN	4.33mg
PHOSPHORUS	203.89mg

**MEAL COMPONENT CONTRIBUTION**

MEAT/MEAT ALTERNATE 2.00

FRUITS/VEGETABLES 0.00

GRAINS/BREADS 1 ¼

\*0g Trans Fat indicates <0.5g per serving