

EG Forrest

FOOD SERVICE DISTRIBUTORS



We make
Chicken easy.™

Fully Cooked

110116

Breaded Chicken Sticks

Breaded Stick Shaped Chicken Patties

INGREDIENTS: Chicken, Dried Whole Egg, Salt, Water, Seasoning (Salt, Flavor, Modified Cornstarch), Sodium Phosphate, BATTERED AND PREDUSTED WITH: Water, Enriched Bleached Wheat Flour (Enriched with Niacin, Ferrous Sulfate, Thiamine Mononitrate, Riboflavin, Folic Acid), Modified Cornstarch, Salt, Spices, Dextrose, Dried Garlic, Paprika and Annatto, Xanthan Gum, Natural Flavor. **BREADED WITH:** Enriched Bleached Wheat Flour (Enriched with Niacin, Ferrous Sulfate, Thiamine Mononitrate, Riboflavin, Folic Acid), Enriched Wheat Flour (Enriched with Niacin, Ferrous Sulfate, Thiamine Mononitrate, Riboflavin, Folic Acid), Salt, Spices, Soybean Oil, Dextrose, Dried Garlic, Paprika and Annatto, Extractives of Paprika. Breading set in Vegetable Oil.

CONTAINS: EGG AND WHEAT

HEATING INSTRUCTIONS: From Frozen: Heat in Convection Oven for 6-8 minutes at 350°F or Conventional Oven for 8-10 minutes at 350°F. Appliances vary, adjust cook times accordingly.



Distributed By: Pilgrim's Pride
P.O. Box 99, Pittsburg, TX 75686 800-321-1470
www.pilgrimspride.com or www.poultry.com
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Five 0.63 oz. Breaded Fully Cooked Chicken Sticks (3.15 oz. Total) provide 2.00 oz. equivalent meat/meat alternate and 1.00 serving bread alternate for Child Nutrition Meal Pattern Requirements. (Use of this logo and statement authorized by the Food and Nutrition Service, USDA 07-06)

Nutrition Facts

Serving Size 5 Pieces (55g)	
Servings Per Container About 78	
Amount Per Serving	
Calories 220	Calories from Fat 100
% Daily Value*	
Total Fat 11g	17%
Saturated Fat 3g	15%
Trans Fat 0g	
Cholesterol 95mg	32%
Sodium 560mg	23%
Total Carbohydrate 14g	5%
Dietary Fiber 0g	0%
Sugars 0g	
Protein 14g	
Vitamin A 2%	Vitamin C 0%
Calcium 0%	Iron 6%

*Percent Daily Values are based on a diet of other people's secrets.



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