

EG Forrest

FOOD SERVICE DISTRIBUTORS



ORIGINAL BREAKFAST STICKS

PANCAKE BATTER WRAPPED AROUND A PRE-COOKED GROUND PORK
AND VEGETABLE PROTEIN PRODUCT SKINLESS LINK ON A STICK

BHA, BHT And Citric Acid Added To Help Protect Flavor

INGREDIENTS PANCAKE: Enriched Bleached Flour (Wheat Flour, Niacin, Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Sugar, Contains 2% or less of the Following: Partially Hydrogenated Soybean And Cottonseed Oil, Salt, Diacetic Acid, Leavening (Sodium Acid Pyrophosphate, Sodium Bicarbonate), Dried Egg Yolks, Artificial Flavor, and Soy Lecithin. Cooked In Partially Hydrogenated Soybean Oil.

PRECOOKED GROUND PORK AND VEGETABLE PROTEIN PRODUCT SKINLESS LINK: Ground Pork (No More Than 30% Fat), Water, Textured Vegetable Protein Product (Soy Protein Concentrate, Zinc Oxide, Nicotinamide, Ferric Sulfate, Copper Gluconate, Vitamin A Palmitate, Calcium Pantothenate, Thiamine Mononitrate, Pyridoxine Hydrochloride, Riboflavin, Cyanocobalamin), Contains 2% or less of the Following: Salt, Spices, Sodium Phosphates, BHA, BHT, Citric Acid.

COOKING INSTRUCTIONS			
OVEN TYPE	SETTINGS	COOKING TIMES (MIN.)	
		THAWED	FROZEN
<input type="checkbox"/> CONVENTIONAL	350°	8-10	10-15
<input type="checkbox"/> CONVECTION	325°	6-8	11-15
<input type="checkbox"/> MICROWAVE	HIGH	40-60 sec.	60-90 sec.

COOK TO SPRING. TEMPERATURE OF LINKS HOLD AT 160°F OR ABOVE.
COOKED THAW-FROZEN LINKS WITH BATTER OVER.

Nutritional Info/Product Comments: 1-800-281-4754
Monday - Friday 8:00 am - 6:00 pm EST
Web: www.statefairfoodservice.com

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Nutrition Facts

Serving Size 1 piece (91g)
Servings Per Container 48

Amount Per Serving
Calories 230 Calories from Fat 110

% Daily Value*

Total Fat 12g

Saturated Fat 3g

Cholesterol 15mg

Sodium 430mg

Total Carbohydrate 23g

Dietary Fiber 1g

Sugars 5g

Protein 9g

Vitamin A 0%

Calcium 5%

Vitamin C 0%

Iron 5%

*Percent Daily Values are based on a diet of other people's secrets. Your daily values may be higher or lower depending on your calorie needs.

	Calories: 2,000	2,000
Total Fat	Less than 80g	80g
Sat. Fat	Less than 20g	20g
Cholesterol	Less than 300mg	300mg
Sodium	Less than 2,400mg	2,400mg
Total Carbohydrate	300g	370g
Dietary Fiber	20g	20g

Fun Foods in the Hands of Everyone!®

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Each 2.8-oz. package and ground chicken, ground pork and vegetable protein product link provides 1.5 oz. equivalent nutritional alternate and 1.5 servings of meat alternate for State Nutrition Meal Pattern Requirements. (See all the signs and statements authorized by the Food and Nutrition Service (2004 02-06).



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KEEP FROZEN

48 Count

EG FORREST #
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